

CROUPY CHILD 1 year to Under 6 years REFERRAL FROM PRIMARY CARE INTO THE CHILDREN'S AMBULATORY CARE EXPERIENCE (ACE) SERVICE

Child presenting with croupy symptoms who requires clinical review (s) (for up to 3 days) after initial assessment but not a hospital admission. The child should have parameters within the range below and be able to manage 4 hours without clinical assessment and have 1. No drooling 2. No resting stridor and 3. No grunting



Call children's ACE service on 01274 27 3354
Be prepared to convey information required on referral proforma including pulse, respiratory rate, temperature, oxygen saturations and Westley croup score



Ensure you have prescribed two doses of **soluble** prednisolone 1mg/kg (max 40mg) –The first dose is to be taken as soon as possible and a repeat dose in 24 hours may be advised after review by the ACE nurse



Ensure parent/guardian has
1) a copy of children's ACE service information leaflet
2) verbal safety-net advice
3) consented to share information with ACE



Allow the child home to await contact from children's ACE service. Contact will be made within 2 hours of initial referral.

	Mild to Moderate
Sats in air	≥95%
Heart Rate	12-24 months 100-150 2 to under 6 years 95-140
Respiratory Rate	12-24 months 25-35 2 to under 6 years 25-30
Auscultation	Good air entry, with or without some wheeze) no resting stridor
Verbal Child	Able to complete sentences
Work of breathing	Mild suprasternal, intercostal recession/ no recessions
Conscious level	Normal

Additional input given at home visit by ACE team

Support with oral fluids
Monitoring effectiveness of treatment
Identifying deterioration
Parental confidence building
Education in managing future episodes
Smoking cessation advice

Exclusions

- Under 1 year or over 6 years
- Known to have an abnormal upper airway
- PMhx of severe and rapidly progressing croup (requiring nebulised adrenaline or PICU)
- History of inhaled foreign body.
- History of Anaphylaxis.
- History of brittle asthma i.e. history of sudden, severe, life threatening attacks
- Previous PICU admissions due to respiratory illness.
- History of Neuromuscular or Metabolic disease.