

MISSED PILL RULES

I still use the old rules – take within 12 hrs and if miss take when remember and extra precautions for 7 days but not true!

If on established extended pill regime rules can be ignored unless more than 3 are missed around time of 4 day break.

New FSRH recommendation as of 2011

If one active pill is missed (>24hrs) take pill as soon as remember even if it means taking 2 together. Continue with rest of pack. NO ADDITIONAL precautions or emerg contraception is needed.

If two or more active pills are missed take the last pill as soon as remembers (even if taking 2 together). Leave any earlier missed pills. Extra precautions for 7 days. If UPSI in previous 7 days consider emergency contraception so seek advise.

Vomiting within 2 hrs of taking pill rpt dose ASAP.

Persistent vomiting or diarrhea lasts >24hrs follow missed pill rules above.