

COPD TREATMENT PATHWAY

COPD Diagnosed:

Quality assured post-bronchodilator spirometry

Evidence of obstruction i.e. FEV₁ / FVC or FEV₁ / VC <70%

Treat Tobacco dependency, offer flu and Pneumonia vaccs, Optimise BMI, promote exercise and healthy eating

Pulmonary rehab offered to all patients MRC >3 Promote MyCOPD

All patients with COPD should have a SABA MDI with spacer as first line treatment for an exacerbation

Prn SABA: MDI with spacer

Easyhaler



Establish which category your patient fits into. Is their main symptom predominantly breathlessness?

Do they ever exacerbate? Muco-purulent sputum
Unwell
Fever
+ / - worsening dyspnoea

COPD with Predominant
breathlessness

COPD with Exacerbations
+ / - Breathlessness

COPD with Asthma

Using SABA daily

Add LABA / LAMA

Follow Asthma Rx pathway

Duaklir 340 / 12	1 puff BD
Spolto Respimat	2 puffs OD
Anoro Ellipta 55/22	1 puff OD
Ultibro Breezehaler	1 puff OD



**≥ 2 Exacerbations on LABA / LAMA
STOP, THINK, TAKE STOCK.
Ensure you have read and actioned
RED BOX**

For patients with COPD & exacerbations add ICS / LABA / LAMA

Trimbow with spacer 87/5/9	2 puffs BD
Trelegy 92/22/55	1 puff OD



Before changing medication:

- Check inhaler technique and compliance
- Recheck diagnosis
- Consider smoking status and co-morbidities
- Suitable for PR or Oxygen?